

## **Sedative Effects of Levocetirizine are Similar to Other Second Generation Anti-Histamines.**

Snidvongs K, et al. *Drugs*. 2017; 77(2):175-186.

- While cetirizine, a mixture of levocetirizine and dexrozetirizine, can slightly penetrate the blood brain barrier, the sedative effects of levocetirizine are still under study.
- Sedative effects of levocetirizine were assessed based on 48 randomized controlled trials (18,014 patients) comparing levocetirizine with other antihistamines or placebo.
- When compared to placebo, levocetirizine produced modest sedative effects. However, when compared to other second-generation antihistamines, sedative effects of levocetirizine did not differ.

**Sedative effects for levocetirizine are not different from other second-generation antihistamines.**