

**Atorvastatin increases serum omentin-1 concentrations in patients with CAD, thereby enhancing insulin sensitivity.**

Chen Q, et al. *Coron Artery Dis.* 2017; 28(1): 44-51.

- Omentin-1 is an adipocytokine that is primarily secreted from visceral adipose tissue and enhances insulin sensitivity and glucose metabolism in normal weight individuals.
- In acute coronary syndrome and stable angina pectoris, atorvastatin therapy (20 or 40 mg/day for 12 weeks) was observed to increase serum omentin-1 levels. The increments were associated with a decline in levels of LDL cholesterol and inflammatory markers interleukin-6 and C-reactive protein.

*Atorvastatin increases serum omentin-1 concentrations in patients with CAD in a dose-dependent manner, thereby enhancing insulin sensitivity.*