

**A 14-day regimen of esomeprazole once-daily for frequent heartburn: Durability of effects, symptomatic rebound, and treatment satisfaction.**

*Peura D, et al. Postgrad Med. 2016; 128(6): 577-83.*

- Esomeprazole once-daily has been shown to be effective for treating frequent heartburn over 14 days in subjects who are likely to self-treat with over-the-counter medications.
- Percentage of heartburn-free days was maintained during the 1-week follow-up period; there was no evidence of symptomatic rebound.
- Rescue antacid use decreased.
- Significantly more subjects taking esomeprazole were "very satisfied" or "satisfied" with treatment versus placebo.

**Subjects who are likely to self-treat their frequent heartburn with over-the-counter medications reported satisfaction with esomeprazole.**

**Effect was maintained for  $\geq$  one week after treatment ended, with no sign of symptomatic rebound.**