



## MEDICAL TIPS

**XSTAN Tablets**

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### **Retrospective Study to Assess the Effect of Telmisartan on Urine Albumin-To-Creatinine Ratio (UACR) in Indian Hypertensive Patients with Diabetes.**

*Sharma B et al. Journal of Diabetes and Treatment 2023; 8: 10113.*

- Hypertension is one of the major causes of chronic kidney disease and can be detected by the presence of albuminuria and the evaluation of the UACR.
- To assess the effect of telmisartan on the UACR among Indian hypertensive patients, a retrospective cohort study was conducted.
- Data from 161 centers across India including 1095 patients on telmisartan monotherapy with UACR was analyzed.
- The mean changes in blood pressure and UACR from visit 1 to visit 2 were assessed.

**Telmisartan effectively reduced blood pressure and UACR in Indian patients making it a promising treatment option to delay the progression of proteinuria in hypertensive patients.**

