



## MEDICAL TIPS

LIPONORM Tablets

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### **Effect of Statins on Major Adverse Cardiovascular Events in Patients with Coronary Artery Spasm: A Meta-Analysis of the Asia Region**

*Zhao TJ, et al. Cardiovasc. Ther. 2023.*

- Coronary artery spasm (CAS), known as a focal or generalized vasospasm of coronary arteries has a high prevalence in the Asian population.
- It is an under-understood factor of acute coronary syndrome, stable angina pectoris, malignant arrhythmias, and sudden cardiac death.
- Due to the multiple effects of statins, it is possible that statins may suppress coronary spasm and reduce major adverse cardiovascular events (MACE).
- The present meta-analysis of 10 studies (n=9333 patients) showed that statin therapy had a significant effect in reducing MACE in patients with CAS with an average follow-up of >4 years.

**Statin therapy have a beneficial role in patients with Coronary artery spasm demonstrated through reduced major cardiac events.**



