



MEDICAL TIPS

XSTAN 20/40 TABLETS

Issue XII, No. 46, 2023

Antihypertensive Effect of Telmisartan versus Perindopril in Hypertensive Patients

Zhao Di, et.al. Bratisl Lek Listy 2023; 124(5):380-386

- The present meta-analysis was conducted to determine the antihypertensive effect of Telmisartan (40 mg/day) versus Perindopril (4-5 mg/day) in patients with essential hypertension.
- Their antihypertensive effects were assessed in 753 patients included in 7 trials with a mean follow-up of 20 ± 16 weeks.
- There was no significant difference between Telmisartan and Perindopril in reduction of systolic blood pressure (SBP).
- However, a sub-analysis for comparison between Telmisartan and Perindopril confirmed that the reduction of diastolic blood pressure (DBP) treated with Telmisartan was greater than Perindopril.

Telmisartan resulted in greater reduction of DBP than Perindopril in patients with essential hypertension.

