



MEDICAL TIPS

LIPONORM TABLETS

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Statins and risks of dementia among patients with heart failure: a population-based retrospective cohort study in Hong Kong

Ren QW, et al. Lancet Reg. Health West. Pac. 2024; 44: 101006

- Heart failure (HF) and dementia frequently co-exist with common pathophysiology and risk factors.
- In this study of 104,295 patients with HF, statin use was associated with a 20% lower risk of all-cause dementia.
- Statin use was also associated with a 28% risk reduction in Alzheimer's disease, 18% risk reduction in vascular dementia and 20% risk reduction in unspecified dementia.
- The results were consistent across subgroups of age, gender, comorbidities and low-density lipoprotein-cholesterol (LDL-C) levels, suggesting that a wide range of HF patients may benefit from statins' cognitive advantages.

Use of statins was associated with a low risk of dementia and its subtypes in patients with heart failure.

